



**PRECEPTS AND PRAYERS**  
**FOR**  
**MUSLIMS**

With Arabic Text  
English Translation & Transliteration  
Edited by  
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بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

يَا اُولِي الدِّينِ اِحْسَانًا وَّذِي الْقُرْبٰى وَ الْيَتٰى  
وَالْمَسْكِيْنِ وَ قُولُوا لِلنَّاسِ حُسْنًا وَّ  
اقِمُوا الصَّلٰوةَ وَاَتُوا الزَّكٰوةَ

*Be good to (your) parents and to close relatives, to (persons with) special needs and to the homeless, and speak good (words) to (all) persons, and keep up prayer and give to charity.*

(The Holy Qur'an: 2:83)

*In Celebration of the  
Birth Anniversaries  
of our Loving Parents*

*Mazina Ghany – (70 years)*

*Rhairule Ghany – (80 years)*

children

**Movina**

**Hanifa**

**Wozifa**

**Azam**

**Sharifa**

**Shamroon**

**Rafiah**

**and**

**Salisha**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝  
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝  
الرَّحْمَنِ الرَّحِيمِ ۝  
مَدِيكَ يَوْمَ الدِّينِ ۝  
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۝  
إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝  
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ  
الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝

## **AL-FAATIHAH - THE OPENING**

Bis mil-laa hir-Raḥ maa, nir-Raḥeem.

1. Al ḥamdu lil-laahi, Rab-bil 'aa lameen.
2. Ar-Raḥ maa, nir-Raḥeem.
3. Maa liki, yaw mid-deen.
4. Ee yaa ka, na'budu; wa ee yaa ka, nas ta'een.
5. Ih dinas-ṣiraa ṭal mus taqeem.
6. Ṣiraa ṭal-la dhee na, an 'amta 'alai him,
7. Ghai ril magh ḍoobi 'alai him, wa laḍ-ḍaal-leen.

In the name of Allah, the Beneficent, the Merciful,

Praise be to Allah, the Lord of the worlds  
The Beneficent, the Merciful  
Master of the day of Requital  
Thee do we serve and Thee do we beseech for help  
Lead us along the right path  
The path of those on whom favours are bestowed  
Not those on whom wrath is brought down,  
nor those who go astray.

*Aameen*

## CONTENTS

<b><i>Harmony in Religion</i></b>	<b>1</b>
<b><i>The Purpose of the Mosque is to foster Religious Harmony</i></b>	<b>4</b>
<b><i>Method of transliteration</i></b>	<b>6</b>
<b><i>Aayatul Kursee - The verse of Knowledge</i></b>	<b>8</b>
<b><i>The performance of two rakaa'ah's prayer</i></b>	<b>10</b>
<b><i>The second rakaa'ah</i></b>	<b>16</b>
<b><i>EVERYDAY PRAYERS FROM THE HOLY PROPHET MUHAMMAD</i></b>	<b>26</b>
<b><i>Some thoughts from the Holy Qur'an</i></b>	<b>30</b>
<b><i>Keys for a successful Marriage</i></b>	<b>32</b>
<b><i>Your children are not your children</i></b>	<b>35</b>
<b><i>MUSLIMS' PRAYER</i></b>	<b>36</b>
<b><i>CONCERNING OURSELVES, OUR PARENTS AND OTHER PEOPLE</i></b>	<b>37</b>

# Harmony in Religion

Laqad kar-ram naa banee Aadam

“Surely We have honoured the children of Aadam”

*(The Holy Qur'an chapter 17 verse 70.)*

Science has given the human being knowledge and has enhanced his greatest resource, the human mind. But science has insulted human dignity by declaring mankind's evolution from the ape while denying his creation from God.

As we live in a world of rampant crime, blatant disregard for a fellow human's life, a break up of home and family life, increasing incidents of incest, rape and murder we seek solutions to the problems we face. The solution to the crime rate seems to be a larger police force and more prisons. As criminals become more sophisticated, crime prevention officers, too become more sophisticated in the use of weaponry, and the cycle continues. The physical body of one person is ever ready to fight against the physical body of another person. But the mind of one individual is afraid to combat the mind of another individual except during proselytising or conversion from one religion to another.

Morality and righteousness which influence the mind of the human being are scorned at and ridiculed.

Man, the weak creature that he is, keeps himself upright through power – religious, political, economic or physical; and not through principles i.e. religious or moral principles. Yet it is the strength within the human self that is more powerful than arms and ammunition. The world community knows that it is in this strength within the human soul or spirit that the solution to every conflict between humans lies.

The struggle for human dignity lies in evolving the dignity of the individual self. A dignity that could only be obtained through the recognition of the Oneness of God and the brotherhood of man. Thus it is that the Holy Qur'an 2:62 affirms: "Surely those who believe, and those who are Jews, and the Christians, and the Hindus, whoever believes in Allah and the Last Day and does good they shall have their reward with their Lord and there is no fear for them nor shall they grieve."

It is time that we give some more serious thought to the teachings of Islam which are in fact a method and a process for the development of the mind, for the development of integrity, for the enhancement of the soul! Islam must not be typified as a religion of fundamentalists, nor is fundamentalism to be equated with militancy or extremism. The Islamic faith rather is based upon fundamental human values and concepts of God.

It is the Holy Qur'an which teaches in 2:213 the fundamental concept that: "Mankind is a single nation" and in 49:13 "God has created you as tribes and families that you may know each other." *The solution to the problems of humanity lies in fostering inter-religious harmony.* To achieve this, powerful leadership is required. The Holy Prophet Muhammad didn't need an election to become a leader first to the Arabs then to the world.

We must highlight the Qur'anic concept of **Jihad** as striving with the Qur'an for this is the foundation for religious concord based on the principle that religion must be propagated not with the SWORD of God but with the WORD of God.





# The Purpose of the Mosque is to Foster Religious Harmony

“(All) The mosques are Allah’s. So call not upon anyone with Allah.” (72:18)

“Only he can maintain the mosques of Allah who believes in Allah and the Last Day, and keeps up prayer and pays the poor rate and fears none but Allah.” (9:18)

“And who is more unjust than he who prevents (men) from the mosques of Allah, from His name being remembered therein...” (2:114)

“If Allah did not repel some people by others, cloisters and churches and synagogues and mosques in which Allah’s name is much remembered would have been pulled down.” (22:40)

“Certainly a mosque founded on observance of duty (taqwaa – self-restraint) from the first day is more deserving that you should stand in it.” (9:108)

- 1) The Mosques belong to Allah, not to any individual or organisation or religion.
- 2) There are those who are the guardians of the Mosque and maintain it.
- 3) None can be prevented from the Mosque of Allah who wishes to remember or glorify Him.
- 4) Other places of worship must enjoy the same protection as the Mosque
- 5) The foundation of the Mosque is **taqwaa** - self-restraint.

When Allah has given the sun, moon rain, air and the entire world to all – Hindus, Jews, Christians, Muslims etc. how could we think that religion especially the religion of Islam and the mosque is only for Muslims.

The Prophet Muhammad prayed in the Ka'ba even when there were idols in it.

Never be afraid to enter any place of worship to remember God. Never hesitate to invite people of any other faith to worship God in the Mosque. The Holy Prophet Muhammad allowed the Christians of Najraan to set up their crosses and worship in the Mosque.

*Islam is an interfaith religion:*

It recognises all religions are from God. All religions belong to Allah 2:193

It requires us to believe in all scriptures and all prophets. 2:4.

It acknowledges salvation to people of all religions. 2:62

It permits inter-dining and inter-faith marriages. (5:5)

It allows inter-religious worship of One God. (3:63)

**If religion cannot bring us closer to each other how can it bring us closer to God?**

## METHOD OF TRANSLITERATION

ء	Hamzah	sounding like h in hour or a sort of <i>catch in the voice</i>	'
ب	Bā (baa)	same as	<b>b</b>
ت	tā (taa)	softer than the English	<b>t</b>
ث	thā (saa)	pronounced like <u>th</u> in <i>thing</i>	<b><u>th</u> (s)</b>
ج	jīm (jeem)	pronounced like g in <i>gem</i>	<b>j</b>
ح	hā (ḥaa)	very sharp but smooth <i>guttural aspirate</i>	<b>ḥ</b>
خ	Khā (Kḥaa)	as ch in scotish word <i>loch</i>	<b><u>kh</u></b>
د	dāl (daal)	softer than the English	<b>d</b>
ذ	dhāl (zaal)	pronounced like <u>th</u> in <i>those</i>	<b><u>dh</u></b>
ر	rā (raa)	same as r	<b>r</b>
ز	zā (zaa)	same as z	<b>z</b>
س	sīn (seen)	as s in <i>sand</i>	<b>s</b>
ش	shīn (sheen)	as <u>sh</u> in <i>shut</i>	<b><u>sh</u></b>
ص	ṣād (ṣaad)	sound like s in <i>sword</i>	<b>ṣ</b>
ض	ḍād (ḍaad)	like ṣaad but with d sound	<b>ḍ</b>
ط	ṭā (ṭaa)	pronounced like t in <i>tall</i>	<b>ṭ</b>

ظ	zā (zaa)	pronounced like z in <i>azores</i>	z
ع	a'in	strong guttural hamzah	'
غ	<u>G</u> hain	guttural g	<u>gh</u>
ف	fā (faa)	same as f	f
ق	qāf (qaaf)	sound as c in <i>cow</i>	q
ك	kāf (kaaf)	same as k	k
ل	lām (laam)	same as l	l
م	mīm (meem)	same as m	m
ن	nūn (noon)	same as n	n
ه	hā (haa)	sound as h	h
و	wāw (wa-o)	same as w	w
ي	yā (yaa)	same as y	y

- a **fatha** as u in *tub*
- i **kasrah** as i in *pin*
- u **dam-mah** as u in *should*
- ā **aa** as a in *father*
- ī **ee** as ee in *bee*
- ū **oo** as oo in *school*

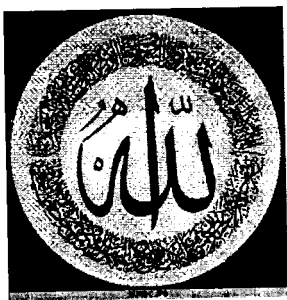
**tashdeed (shad-da)** between two letters must be pronounced as two separate letters

## Aayatul Koursee

### The verse of Knowledge

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ  
سِنَةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا  
فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ  
إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا  
خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا  
بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ  
وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ ○

Al-laahu, laa ilaha il-laa  
huwal hai yul qai yoom  
laa ta' khudhuhoo sinatuwn wa laa naum  
lahoo maa fis-samaa waati wa maa fil arđ  
man dhal-ladhee yashfa 'u 'indahoo il-laa bi idhni  
ya'lamu maa baina aideehim wa maa khalfahum  
wa laa yuhee toona bi shai 'im-min 'ilmihee il-laa bi  
maa shaa'  
wasiy 'a koursee yuhus-samaa wati wal arđ  
wa laa ya ood-duhoo hifza humaa  
wa huwal 'alee yul 'azeem



Allah — there is no god but He  
The Ever-living, the Self-subsisting by Whom all  
subsist.  
Slumber overtakes Him not, nor sleep.  
To Him belongs whatever is in the heavens and  
whatever is in the earth.  
Who is he that can intercede with Him but by His  
permission !  
He knows what is before them and what is behind  
them..  
And they encompass nothing of His knowledge except  
what He pleases.  
His knowledge extends over the heavens and the  
earth, and the preservation of them both tires Him  
not.  
And He is the Most High, the Great. "

# The performance of two *rakaa'ah's* prayer

*Takbeer Tahreemah*

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

al Qiyaam (standing position)

*Thanaa*

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ  
وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ  
وَلَا إِلَهَ غَيْرُكَ ○

Sub ḥaa na kal-laa hum-ma wa bi ḥamdika  
wa tabaara kas muka wa ta 'aalaa jad-duka  
wa laa ilaaha ḡhairuk

*Glory be to You, O Allah, and Yours is the praise.  
Blessed is Your name, exalted is Your Majesty and no  
god is there other than You.*

**Ta'oodh**

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ۝

A'oodhu bil-laahi minash-shaitaa nir-rajeem  
*I seek refuge in Allah from the accursed devil.*

**Tas mee yah**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝

Bis mil-laa hir-Rahmaa nir-Raḥeem  
*In the name of Allah, the Beneficent, the Rewarder.*

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝  
الرَّحْمَنِ الرَّحِيمِ ۝  
مَلِكِ يَوْمِ الدِّينِ ۝  
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۝  
إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝  
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۝  
غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ  
وَلَا الضَّالِّينَ ۝

**al-Faatiḥah**

أَمِينَ



al Ḥamdu lil-laahi Rab-bil 'aalameen  
ar-Raḥ maa nir-Raḥeem  
Maaliki yau mid-deen  
Ee yaa ka na'budu wa ee yaa ka nasta'een  
Ih di naṣ-ṣiraatal mustaqeem  
Ṣiraa tal-ladḥee na, an 'amta 'alaihim  
Ghai ril magh ḍoo bi 'alihim wa laḍ-ḍaal-leen (aa meen)

*(All) praise be to Allah,  
the One Who fosters (all) the worlds  
The Beneficent, the Rewarder.  
The Master of the period of Judgement.  
It is You whom we worship and it is You from whom we  
seek co-operation  
Lead us gently along the path of uprightness  
The path of those on whom You bestow favours  
not those on whom wrath befalls,  
nor the ones who are groping.  
(May Allah accept!)*

a **surah** (chapter, or part of a chapter) of the Qur'an

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ  
اِنَّا اَعْطَيْنَاكَ الْكُوفَةَ  
فَصَلِّ لِرَبِّكَ وَاَنْحَرْ  
اِنَّ شَانِكَ هُوَ الْاَبْتَرُ

Bis mil-laa hir-Raḥmaa nir-Raḥeem  
In-naa, a' tai naa kal, kauthar  
Fa ṣal-li, li Rab-bika wanḥar  
In-na shaa ni, 'aka, huwal abtar

*In the name of Allah, the Beneficent, the Rewarder.  
Indeed We give you abundance of good  
So pray to the One Who fosters you, and sacrifice. Indeed  
(then) your enemy will be frustrated. (chapter 108)*

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

*ar-rukoo'* (bowing with hands on knees)

سُبْحَانَ رَبِّيَ الْعَظِيمِ  
سُبْحَانَ رَبِّيَ الْعَظِيمِ  
سُبْحَانَ رَبِّيَ الْعَظِيمِ

Sub ḥaa na Rab-bi, yal 'Azeem

Sub ḥaa na Rab-bi, yal 'Azeem

Sub ḥaa na Rab-bi, yal 'Azeem

*Glory to the One Who fosters me, the Great.*  
(Repeated thrice).

**al- Qaumah** (standing up again for a short while)

سَمِعَ اللهُ لِمَنْ حَمِدَهُ ۝  
رَبَّنَا لَكَ الْحَمْدُ ۝

Sami 'al-laa hu, liman ḥamidah  
Rab-ba naa laka ḥamd  
*Allah listens to him who praises Him*  
*O One Who fosters us! to You (all) praise is due*

اللهُ أَكْبَرُ

**Al-laahu akbar**  
*Allah is the Greatest*

**as-sajdah** (first prostration)

سُبْحَانَ رَبِّيَ الْأَعْلَى ۝  
سُبْحَانَ رَبِّيَ الْأَعْلَى ۝  
سُبْحَانَ رَبِّيَ الْأَعْلَى ۝

Sub ḥaa na Rab-bi, yal 'A laa

Sub ḥaa na Rab-bi, yal 'A laa

Sub ḥaa na Rab-bi, yal 'A laa

*Glory to the One Who fosters me, the Most High.*

(Repeated thrice).

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest.*

**al-jalsa** (sitting position for a short while after the first prostration)

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

**as-sajda** (second prostration)

سُبْحَانَ رَبِّيَ الْأَعْلَى

سُبْحَانَ رَبِّيَ الْأَعْلَى

سُبْحَانَ رَبِّيَ الْأَعْلَى

Sub ḥaa na Rab-bi, yal ‘A laa

Sub ḥaa na Rab-bi, yal ‘A laa

Sub ḥaa na Rab-bi, yal ‘A laa

*Glory to the One Who fosters me, the Most High. (Repeated thrice).*

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

## The second *rakaa’ah*

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝  
الرَّحْمَنِ الرَّحِيمِ ۝  
مَلِكِ يَوْمِ الدِّينِ ۝

**al-Faatiḥah**

يَاكَ كَفِيْدٌ وَرِيَاكَ نَسْتَعِيْنُ ۝  
 اِهْدِنَا الصِّرَاطَ الْمَسْتَقِيْمَ ۝  
 صِرَاطَ الَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ  
 غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ  
 وَلَا الضَّالِّيْنَ ۝

al Hamdu lil-laahi Rab-bil 'aalameen  
 ar-Rah maa nir-Raheem  
 Maaliki yau mid-deen  
 Ee yaa ka na'budu wa ee yaa ka nasta'een  
 Ih di naş-şiraatal mustaqeem  
 Şiraa tal-ladhee na, an 'amta 'alahim  
 Ghai ril magh doo bi 'alihim wa lad-đaal-leen (aa meen)

*(All) praise be to Allah,  
 the One Who fosters (all) the worlds  
 The Beneficent, the Rewarder.  
 The Master of the period of Judgement.  
 It is You whom we worship and it is You from whom we  
 seek co-operation*

*Lead us gently along the path of uprightness  
The path of those on whom You bestow favours  
not those on whom wrath befalls,  
nor the ones who are groping.  
(May Allah accept!)*

a **surah** (chapter, or part of a chapter) of the Qur'an

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ  
قُلْ هُوَ اللّٰهُ اَحَدٌ  
اللّٰهُ الصَّمَدُ  
لَمْ يَلِدْ وَلَمْ يُولَدْ  
وَلَمْ يَكُنْ لَهٗ كُفُوًا اَحَدٌ

Bis mil-laa hir-Raḥmaa nir-Raḥeem  
Qul, huwal-laahu Aḥad, Al-laahuṣ-Ṣamad  
Lam yalid, wa lam yoo lad  
wa lam yakul-lahoo, kufu wan aḥad

*In the name of Allah, the Beneficent, the Rewarder.*

*Say: He, Allah, is One.*

*Allah is the One on whom all depend.*

*He does not give birth, nor is He born. (Chapter 111)*

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

*ar-rukoo‘ (bowing with hands on knees)*

سُبْحَانَ رَبِّيَ الْعَظِيمِ ط

سُبْحَانَ رَبِّيَ الْعَظِيمِ ط

سُبْحَانَ رَبِّيَ الْعَظِيمِ ط

Sub ḥaa na Rab-bi, yal ‘Aẓeem

Sub ḥaa na Rab-bi, yal ‘Aẓeem

Sub ḥaa na Rab-bi, yal ‘Aẓeem

*Glory to the One Who fosters me, the Great.*

*(Repeated thrice).*



**al- Qaumah** (standing up again for a short while)

سَمِعَ اللهُ لِمَنْ حَمِدَهُ ۝  
رَبَّنَا لَكَ الْحَمْدُ ۝

Sami 'al-laa hu, liman ḥamidah  
Rab-ba naa laka ḥamd  
*Allah listens to him who praises Him*  
*O One Who fosters us! to You (all) praise is due*

اللهُ أَكْبَرُ

**Al-laahu akbar**  
*Allah is the Greatest*

**as-sajdah** (first prostration)

سُبْحَانَ رَبِّيَ الْأَعْلَى ۝  
سُبْحَانَ رَبِّيَ الْأَعْلَى ۝  
سُبْحَانَ رَبِّيَ الْأَعْلَى ۝

Sub ḥaa na Rab-bi, yal 'A laa  
Sub ḥaa na Rab-bi, yal 'A laa  
Sub ḥaa na Rab-bi, yal 'A laa

*Glory to the One Who fosters me, the Most High.*  
(Repeated thrice).

اللَّهُ أَكْبَرُ

**Al-laahu akbar**  
*Allah is the Greatest.*

**al-jalsa** (sitting position for a short while after the first prostration)

اللَّهُ أَكْبَرُ

**Al-laahu akbar**  
*Allah is the Greatest*

**as-sajda** (second prostration)

سُبْحَانَ رَبِّيَ الْأَعْلَى ؎  
سُبْحَانَ رَبِّيَ الْأَعْلَى ؎  
سُبْحَانَ رَبِّيَ الْأَعْلَى ؎

Sub ḥaa na Rab-bi, yal 'A laa  
Sub ḥaa na Rab-bi, yal 'A laa  
Sub ḥaa na Rab-bi, yal 'A laa

Glory to the One Who fosters me, the Most High. (Repeated thrice).

اللَّهُ أَكْبَرُ

**Al-laahu akbar**

*Allah is the Greatest*

*al Qa'dah* (sitting position)

الشَّحِيحَاتِ بِرَبِّهِ وَالْعَلْوَاتِ وَالطَّيِّبَاتِ

السَّلَامِ عَلَيْكَ أَيُّهَا النَّبِيُّ

وَرَحْمَةً اللَّهُ وَبَرَكَاتُهُ ؕ

السَّلَامُ عَلَيْنَا وَعَلَى

عِبَادِ اللَّهِ الصَّالِحِينَ ؕ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ

أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ ؕ

at-tahiy-yaatu lil-laahi, waṣ-ṣala waatu waṭ-ṭai yibaat  
 as-salaamu ‘alaika, ai yuhan-nabiy-yu  
 wa raḥma tul-laahi wa barakaatuh  
 as-salaamu ‘alai naa wa ‘alaa ‘ibaa dil-laa hiṣ-ṣaaliḥeen  
 ash hadu al-laa ilaaha il-lal-laahu, wa ash hadu an-na  
 Muḥam-madan ‘abduhoo wa rasooluh

*(All) greetings are for Allah, and (all) prayers and (all) pure (words and deeds). Peace be unto you, O Prophet! and the mercy of Allah and His blessings. Peace be on us and on the servants of Allah who reform themselves. I give evidence that no god is there except Allah and I give evidence that Muhammad is His servant and His messenger.*

**Durood or aṣ-ṣalaa ‘alan-Nabi-y;**

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ  
 عَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى  
 إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ  
 إِنَّكَ حَمِيدٌ مَجِيدٌ

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَ  
 عَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ  
 عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ  
 إِنَّكَ حَمِيدٌ مَجِيدٌ

Al-laa hum-ma, şal-li 'alaa Muham-madiñw-wa 'alaa  
 aali Muham-mad  
 ka maa şal-lai ta 'a-laa Ibraa heema  
 wa 'alaa aali Ibraa heema  
 in-naka Ĥameedum-Majeed.

Al-laa hum-ma, baarik 'alaa Muham-madiñw-wa 'alaa  
 aali Muham-mad  
 ka maa baa rakta 'alaa Ibraa heema  
 wa 'alaa aali Ibraa heema  
 in-naka Ĥameedum-Majeed.

*O Allah! exalt Muhammad and the followers of Mu-  
 hammad as You exalted Abraham and the followers of  
 Abraham. Surely You are Praised, Magnified.*  
*O Allah! bless Muhammad and the followers of Mu-  
 hammad as You blessed Abraham and the followers of  
 Abraham. Surely You are Praised, Magnified.*

**at-tasleem** (the greeting of peace)

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ  
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

as-salaamu 'alaikum, wa rahmatul-laah  
as-salaamu 'alaikum, wa rahmatul-laah

*(All) peace be unto you and the mercy of Allah.*  
(Repeated twice - first while facing to the right, then  
while facing to the left) \

The prayer ends here, but the following  
**dhikr** (remembrance of Allah) may be said:

As tagh firul-laaha Rab-bi, min kul-li dhambinw  
wa atoobu ilaih.

*I seek the protection of Allah from every fault and I turn  
to Him.*

Al-laa hum-ma antas-salaamu, wa minkas-salaamu  
tabaarakta yaa dhal jalaali wal ikraam

*O Allah! You are the Author of peace, and peace comes  
from You. Blessed are You, O Possessor of Glory and  
Honour.*

## EVERYDAY PRAYERS FROM THE HOLY PROPHET MUHAMMAD

when beginning an affair

بِسْمِ اللَّهِ

Bis mil-laah  
In the name of Allah

when determining an affair

إِنْ شَاءَ اللَّهُ

In shaa' Al-laah  
If Allah wishes

when seeing someone making a mistake

سُبْحَانَ اللَّهِ

Sub haa nal-laah  
Allah is free of faults

when accepting less than I want

حَسْبِيَ اللَّهُ

Hasbi yal-laah  
Allah is sufficient for me

when admiring a person or thing

مَا شَاءَ اللَّهُ

Maa shaa' Al-laah.  
It is as Allah wished.

**when expressing gratefulness**

جَزَاكَ اللهُ

Jazaa kal-laah.  
May Allah reward you.

**when feeling a discomfort**

الْحَمْدُ لِلَّهِ

Al Hamdu lil-laah.  
All praise be to Allah.

**when seeing someone else in discomfort**

يَرْحَمُكَ اللهُ

Yarhamu kal-laah'  
Allah's mercy be on you.

**when avoiding sin**

أَسْتَغْفِرُ اللهَ

Astaghfi rul-laah.  
I seek Allah's protection

**when donating something**

فِي سَبِيلِ اللهِ

Fee sabeel lil-laah.  
It is in Allah's way



**when departing from someone**

فِي أَمَانِ اللَّهِ

Fee amaa nil-laah.  
(May you be) in Allah's  
trust

**when doing my best**

تَوَكَّلْتُ عَلَى اللَّهِ

Tawak-kaltu 'alal-laah  
I rely upon Allah

**when thinking bad thoughts**

أَعُوذُ بِاللَّهِ

A'oodhu bil-laah.  
I take refuge with Allah

**when recognizing good in someone**

بَارَكَ اللَّهُ

Baara kal-laah.  
May Allah give you more

**when acknowledging a prayer**

أَمِينَ

Aam-meen  
May Allah accept

**when acknowledging an achievement**

اللَّهُ أَكْبَرُ

Al-laahu akbar  
Allah is the Greatest

**when hearing of death or misfortune**

إِنَّا لِلَّهِ وَإِنَّا  
إِلَيْهِ رَاغِبُونَ

In-naa lil-laahi wa in-  
naa ilaihi raaji'oon  
Surely we belong to Allah and  
we are surely returning to Him

**when greeting another**

السَّلَامُ عَلَيْكُمْ

As-salaamu 'alaikum  
Peace be on you

**when another greets me**

وَعَلَيْكُمْ السَّلَامُ

Wa 'alai kumus-salaam  
And on you be peace

**when breaking the Fast**

اللَّهُمَّ لَكَ صُمْتُ  
وَعَلَى رِزْقِكَ أَفْطَرْتُ.

Al-laa hum-maa laka shumtu  
wa `alaa rizqika aftartu  
O Allah! for You I kept the  
fast and it is with Your  
sustenance that I break it.

### **Some thoughts from the Holy Qur'an**

O you who believe, be upholders of equity as witnesses for Allah, if even it is against your own selves or (your) parents or close relations - even though (that person) is wealthy or indigent. For Allah is the Greatest Authority over them both.

*4:135*

When (some persons) stand for prayer, they stand as lazy people merely wanting to be seen by men. They think about Allah only briefly.

*4:142*

Woe be unto those who say prayers while their minds are not on their prayers.

*107:4,5*

(The truly righteous) provide food, because of love for Him, for a homeless one, (a person with) special needs and a dispossessed (person).

We feed you for the sake of Allah, only. We do not expect from you reward or thanks.

*76:8,9*

A kind word and forgiveness is better than charity followed by injury.

*2:263*

Don't turn you face from people, contemptuously, nor walk about on earth, overly proud. Indeed Allah has no love for any self-conceited, boastful (person).

*31:18*

The One Who fosters you has decreed that you serve none except Him. And to your parents do extra good. As long as any one of them or both attain senior years while with you, neither say to them (as much as) "UFF" nor scold them. And say to them a word of respect.

Let down on them the arm of humbleness, out of compassion and say: O! One Who fosters me shower compassion them for they nurtured me since (I was) small.

*17:23,24*

Believe in Allah and His Messenger, and spend from whatever He has given you, being rulers over it. Those among you who believe and spend - for them is a big reward.

*57:7*

Speak not what your own tongues describe, the lie: This is **halaal** (lawful) and this is **haram** (unlawful), thereby attributing a lie to Allah. Those who attribute a lie to Allah will not succeed.

*16:116*

# Keys for a Successful Marriage

That a marriage will last forever must not be a mere hope but a philosophy – ***work at it to make it work.***

Separation must not be taken seriously as an option or as an easy choice.

Marriage has its weaknesses, its pains and hardships, its rages and despair. But when it is successful, it has moments of adventure and passion, of contentment and satisfaction, of companionship and deep love.

To enhance a loving relationship each partner must make and act upon these methods of good communication:

*“Tell me often that you love me, through both actions and words. Don’t assume that I know it. I may look embarrassed and even deny that I need the attention – don’t believe me! Do it anyway.*

*Praise me for jobs well done and reassure me when I fail. Don’t take for granted the things that I do for you.*

*Let me know when you feel low or lonely or misunderstood, it makes me stronger to know I have the power to comfort you. Even though I love you I cannot read your mind.*

*Express joyous thoughts and feelings. They bring liveliness to our relationship.*

*Let others know you value and cherish me. It makes me feel special and proud.”*

*Getting married is good, staying married is perfection.*  
But there is the need to distinguish between  
**marriage** and **mirage**  
**(reality)**                      **(dream)**

In marriage affection must be developed through trust rather than through demands

Love may increase and decrease but trust in marriage is constant. Trust means exclusiveness and is a means to make one's spouse feel special. Trust is impossible without truth. Where there is no trust, there is no love.

Two ways of gaining affection

1. Present oneself as frail and helpless and demand sympathy. This is the negative approach.
2. Present oneself as strong and supportive and encourage admiration. This is the positive approach.

People change - enjoy the past but live for the future.

Between spouses many issues are neither right nor wrong but merely personal preferences. Feelings cannot be argued on; they must be either accepted or rejected.

A mate is allowed angry feelings, differing opinions, other friends or occasional thoughtlessness.

Three elements of a successful marriage:

1. Companionship - Companionship means "*being there*" i.e. not putting one's interest e.g. TV, sports etc. before one's commitment to one's mate. *Don't be casual room-mates.*

2. **Communication - Speak straight words** says the Qur'an (33:70) i.e. be direct about your feelings and desires. Don't expect you spouse to be mind reader. Saying "I have a headache" must not be seen as complaining but rather as explaining one's feelings requiring an assurance of understanding.

3. **Commitment - Marriage is duty.** It is a duty to God says the Qur'an (3:101;4:1).

Spouses must enrich each other's lives and not feel threatened by each other's differences or accomplishments rather they must relish them.

Enjoyment of each other is more than physical or sharing interests, it is sharing values especially religious values which are the strongest bond in our lives.

The greatest value is character and character is developed through religion.

The prophet Muhammad has truly said:

**tunkahul mar atu li 'arba in, li maalihaa, wa li hasabihaa wa jamalihaa wa li deenihaa  
faz far bi dhaa tid-deen.**

A woman is married for four reasons:

For her wealth, for her family background and her beauty and for her religious character.

Be conquered by her religious character

“Your children are not your children.  
They are the sons and daughters of Life’s longing for itself.  
They come through you but not from you,  
And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,  
For they have their own thoughts.  
You may house their bodies but not their souls,  
For their souls dwell in the house of tomorrow,  
which you cannot visit, not even in you dreams.  
You may strive to be like them, but seek not to make them  
like you.  
For life goes not backward nor carries with yesterday.

You are the bows from which your children as living ar-  
rows are sent forth.  
The archer sees the mark upon the path of the infinite,  
and he bends you with His might that His arrows may go  
swift and far.  
Let your bending in the Archer’s hand be for gladness;  
For even as He loves the arrow that flies, so He loves also  
the bow that is stable.”

Kahlil Gibran



## MUSLIMS' PRAYER

Allah, Our Lord! Hidden and Manifest. Creator Supreme and Fashioner Superb! Thine is the world we know and Thine the worlds we know not. Thy mercy envelops creation and Thy light dispels gloom. Burden us not with what we cannot bear and forgive us when we err.

Let us not squander Thy bounty and lose hope in Thy loving beneficence. Unto Thee we flee and cry in anguish. Hold us close when our feet fail and lead us with the righteous to victory. Why should we grieve and fear when Thou art near and why should we complain against Thy decrees when we know not what Thou hast prepared for us? Ignorant as we are we know not the joy that may lie hidden in sorrow and the sorrow that may lurk in joy.

We pray for those who have gone before us and beseech Thy forgiveness for our parents, in whose loving care we grew. informed with wisdom let us grow in knowledge that comes of Thee. Suffer us not to envy the pleasures that others have and to languish in grief at the loss of what we have. Guard us against pride and lust and make us not vain and hypocritical. Let not passion make us wild and let not Power blind us to the transient state of all that life offers.

Blessed is he who has surrendered his all unto Thee and who has won his peace in Thy pleasure. May our tears in constant remembrance of Thee sustain the heart and bring deliverance ! Bless us with the fullness of life on earth and when the time comes make us return unto Thee united in the fellowship of Thy loving ones. Lord! Grant us above all, we pray, the vision of Thy countenance that Thou hast promised for those who are Thine.

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CONCERNING OURSELVES, OUR PARENTS  
AND OTHER PEOPLE

*Qaseeda in Urdu*

*based on Chapter 2 verse 83 of the Qur'aan.*

- 1.** Kisee ko bhee bujuz Allah kay sajda na karna tum.  
Kaheefi insaanayat kay naam ko ruswaa na karna  
tum.
- 2.** Sadaa maañ baap say bartaa'o karna mehrbaañ ho  
kar,  
Kaheefi do din mayñ kuch say kuch na ho jaana  
jawaañ ho kar.
- 3.** 'Azee zoñ kee, yateemoñ kee, ghareeboñ kee khabar  
rakhna.  
Tum un kay haal par mehr-o mahab-bat kee naẓar  
rakhna.
- 4.** Jahaañ tak ho sakay lo goñ say meethee baat karna  
tum,  
Gawaara har tareh say tal khi'yay jazbaat karna  
tum.
- 5.** Tum apnay aap ko paabañd thairaa'o namaazoñ ka,  
Yehee to hai 'ilaaj-i dardmañdee paak baazoñ ka.
- 6.** Zakaat-i maal-o zar taqseem karna farẓ hai tum  
par.  
Khudaa ka qarẓ do, ya'nee Khudaa ka qarẓ hai tum  
par.

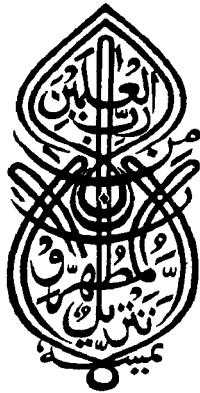
## Prayer for FAMILY UNITY

رَبَّنَا هَبْ لَنَا مِنْ أَنْزَلِكُنَا  
وَدُرِّئَتِنَا نَزْرَةَ أَعْيُنٍ وَاجْعَلْنَا  
لِلْمُتَّقِينَ إِمَامًا ۝

Rab-banaa hab lanaa,  
min azwaa jinaa  
wa dhur-ree yatinaa  
qur-rata a'yu niwñ  
waj 'alnaa lil mut-taqeena  
imaamaa

*Our Lord grant us in our spouses and our offspring  
the joy of our eyes  
and  
make us leaders for those who guard against evil. .*

(The Qur'aan 25:74)



**PRECEPTS AND PRAYERS**  
**FOR**  
**MUSLIMS**

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